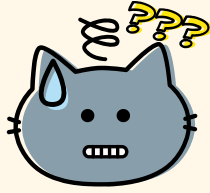


# Improviding Fosters What?!

Social Emotional Learning  
(SEL)



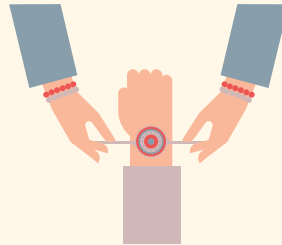
Problem Solving



Stress Reduction



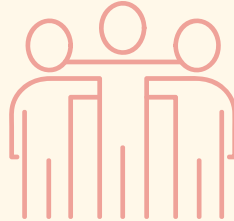
Play Equity



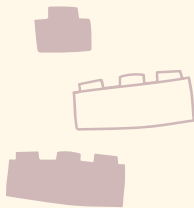
Self - Exploration



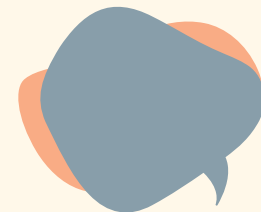
Team Building



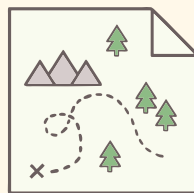
Resilience Building



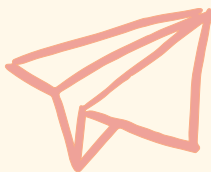
Communication Skills



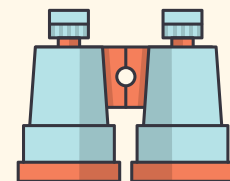
Decision Making



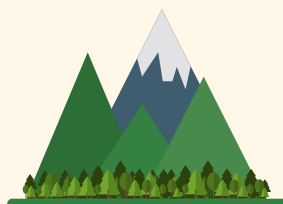
Resourcefulness



Curiosity



Mindfulness



Turn this over to find out how!

@improviding

There are several ways to  
Improve with Lori Robin!



1 to 1  
Wellness Coaching

Customized  
Program  
Curriculum

Staff  
Professional  
Development  
Session(s)



Improv  
'playshop'  
programming



Let's connect on Instagram @improviding or  
via email [improviding101@gmail.com](mailto:improviding101@gmail.com)